

Slips, Trips and Fall Safety Presentation

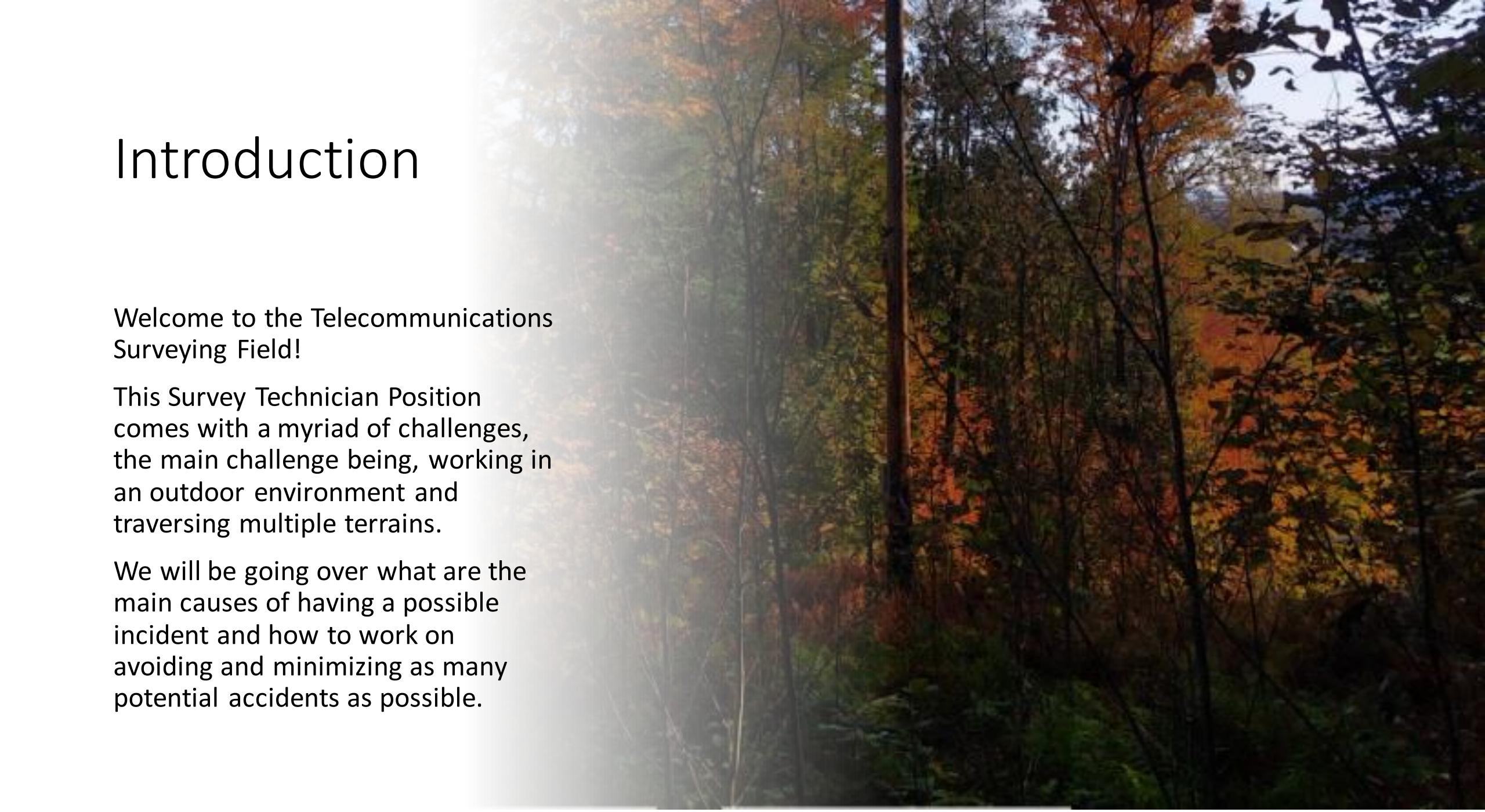
Within The Telecommunication's Industry

Introduction

Welcome to the Telecommunications Surveying Field!

This Survey Technician Position comes with a myriad of challenges, the main challenge being, working in an outdoor environment and traversing multiple terrains.

We will be going over what are the main causes of having a possible incident and how to work on avoiding and minimizing as many potential accidents as possible.



Goals and Benefits

- Slips, trips, and falls are one of the most common causes of workplace injuries in the US.
- Within this training module, you will be able to:
  - Identify and recognize potential risks and causes of potential slipping, tripping and falling hazards within your various workplaces.
  - Take appropriate precautions to avoid these risks and prevent injury.





What are the Odds?

15%

Workplace injuries cause 15% of all accidental deaths. Motor Vehicles are the number one cause of accidental fatalities, with workplace injuries being second.

20-30%

An estimated 20-30% of older people who experience slip and falls will suffer moderate to severe injuries such as, bruises, hip fractures, or head injuries.

27%

Slip trip and fall injuries made up 27% of nonfatal job-related injuries resulting in days away from work in 2018.

1 Million+

Over one million Americans suffer a slip, trip and fall injury every year.

Outdoor Hazards

Working outdoors can come with additional risks such as:

- Uneven Terrain and Ditches
- Wet or icy surfaces
- Loose Debris
- Weather Conditions:
  - Hot – overgrown bushes making it difficult to see potential tripping hazards
  - Cold – Icy pavement and extremely slick surfaces

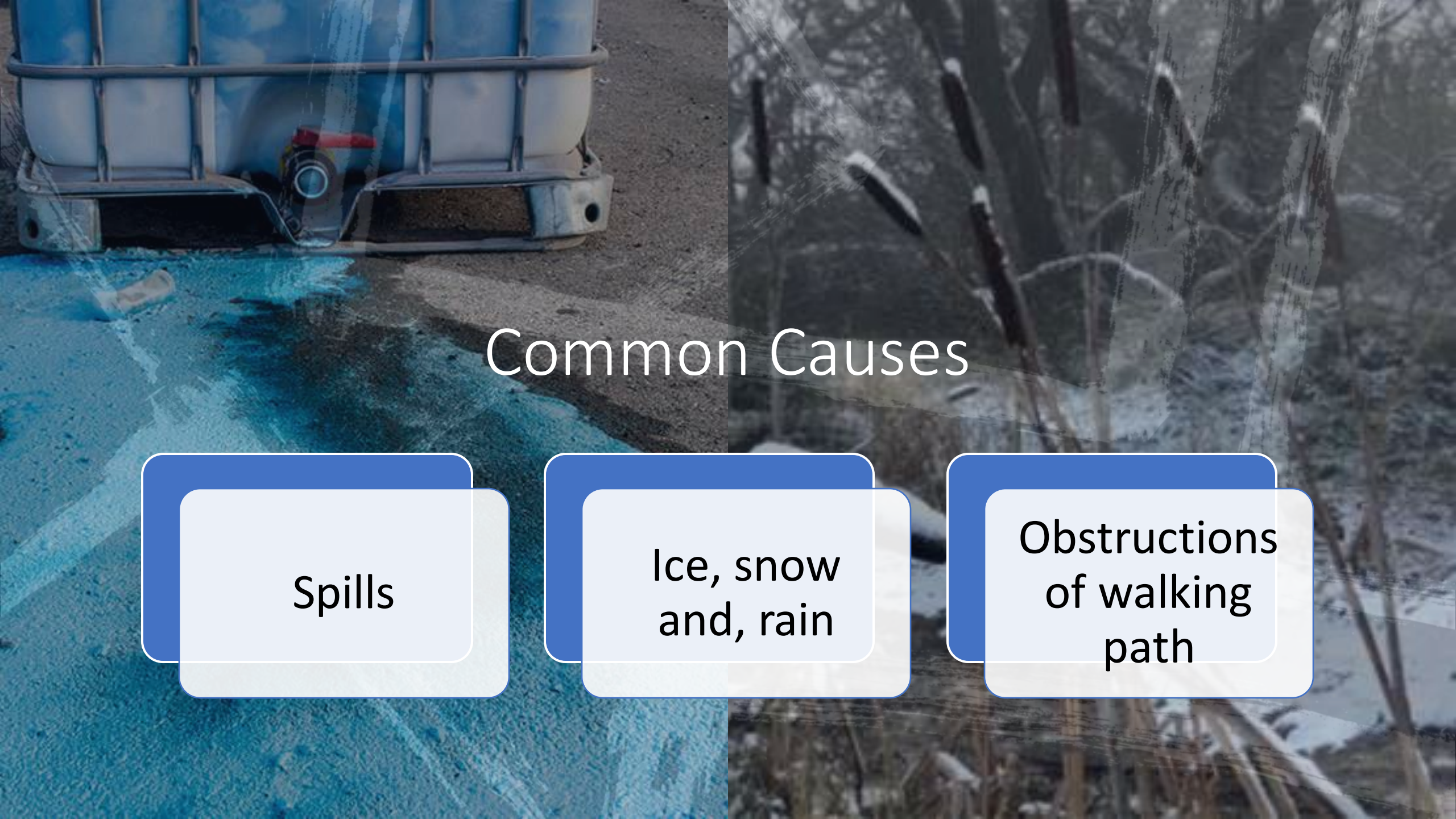


The Costs of Falls

The total cost of work injuries in 2019 was $171 Billion.

Job-related injuries result in an average of 13 days away from work.

Slip, trip and fall injuries cost approximately $42,000 per incident.



Common Causes

- Spills
- Ice, snow and, rain
- Obstructions of walking path

Common Injuries

- Sprains and strains
- Fractures
- Head Injuries
- Back Injuries



Practical Prevention Strategies



Utilize these practical tips to help prevent injuries in the workplace:

- Proper Footwear – Utilize boots or hiking shoes with appropriate grip
- Awareness – always pay close attention and use caution to the area's you are traversing to mitigate as many risks as possible.
- Appropriate Weather Precautions – The weather can be a mitigating factor with their own tripping and slipping hazards such as:
  - *Winter*: Icy sidewalks and snow-covered obstacles
  - *Summer*: Brings out uneven terrain, such as bumpy and uneven trails. Foliage regrows and can make traversing through unkept areas much more difficult.

Prevention Strategies – Ditches and uneven Terrain

While in the field one reoccurring obstacle is uneven terrain and ditches, utilize these strategies to help prevent incidents occurring while on job site's

Avoidance:

- **Awareness**: be aware of your surroundings. Pay attention to signs, barriers, and warnings indicating the presence of ditches
- **Planning routes:** when possible, plan your route to avoid areas with ditches. Use sidewalks, designated crosswalks, or well marked paths whenever possible.
- **Stay informed:** be aware of local construction or maintenance projects that might involve open ditches. Local news, community boards, or construction site notices can provide information.
- **Follow signs and barriers**: respect warning signs and barriers. They are there to indicate potential hazards

Traverse Safely:

- **Crosswalks and bridges**: Use designated crosswalks and bridges where available. These structures are designed to help you traverse roads with ditches safely
- **Pedestrian paths:** stick to designated pedestrian paths and sidewalks. Avoid walking close to the edge of roads with open ditches.
- **Proper lighting:** if you must traverse a ditch in low light conditions, use proper lighting, such as your phones flashlight function to ensure you can see where you're going and that others can see you
- **Footing:** watch your footing especially in areas with uneven terrain. Be cautious of loose soil, rocks or debris that could cause you to slip or trip.
- **Assistance:** if the ditch is too wide or deep to cross safely on your own, seek assistance or find an alternative route. Don't take unnecessary risks.

Utilize Safe Strategies



Report possible terrain and weather hazards with team during morning meeting's and ensure everyone's working safely throughout the day.



Have a safe plan in case of emergency:

-Go over where every team member will be and when

-Have regular check-ins to ensure everyone is safe throughout the day

-Confirm correct attendance at end of day



Report all injuries promptly to HR and management.



Use best judgement to seek immediate medical care in case of emergency.

Reporting Procedures

- In a life-threatening situation call emergency services immediately.
- If situation is not life-threatening ensure affected person is taken care of first.
- Report any injuries/ accidents directly to supervisor immediately.
- Fill out detailed incident report and send to supervisor and HR at HR@luckgrove.com ASAP, but no later than 24 hours after accident.



Question’s?

If at any point in time you have any questions regarding reporting procedures or any relevant information, please never hesitate to reach out to respective supervisor or HR at HR@luckgrove.com or 315-399-0788

Conclusion

- Always remember to use good judgment and spatial awareness whenever on a job site
- Plan accordingly for local weather and terrain
- In the occurrence of a workplace accident, immediately report in detail what occurred to your supervisor and complete an Accident Report promptly and no later than 24 Hours after accident.
- Remember, safety is a team effort. Stay safe, stay upright!